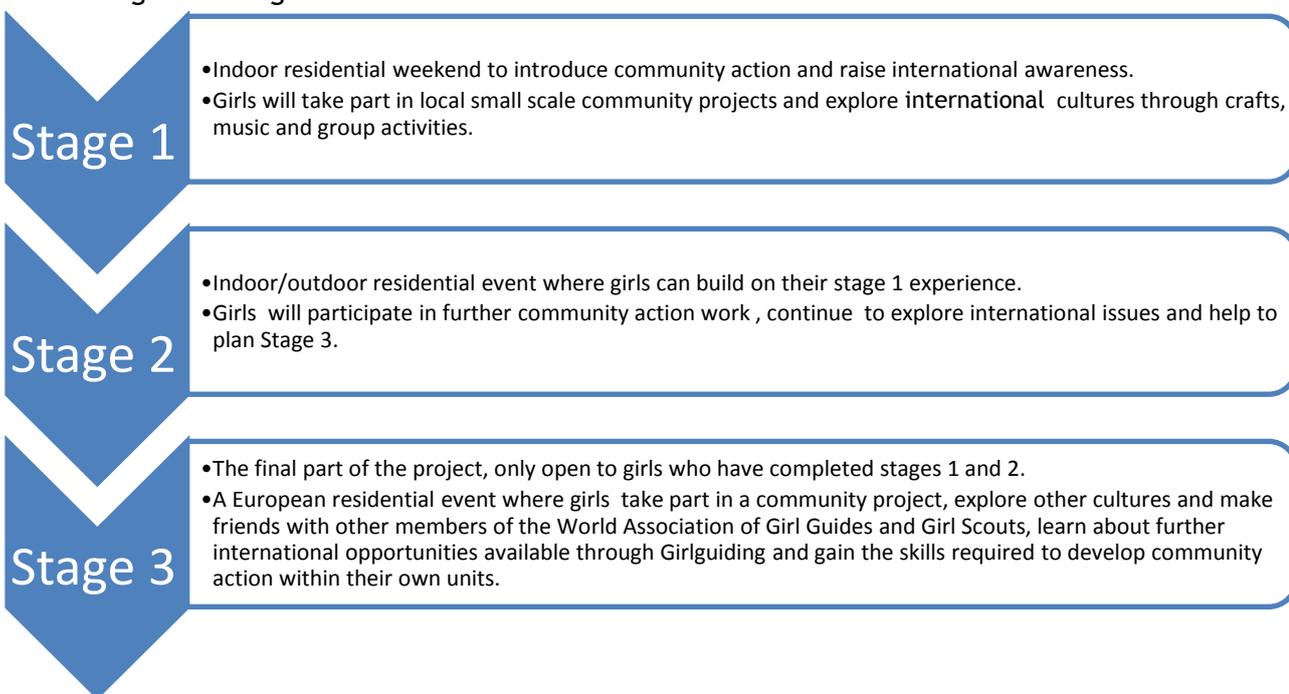


## Girlguiding Scotland ICE Project 2018

### What is ICE?

ICE stands for International Community Experience and is an amazing three stage project open to Guides between the ages of 11 and 13 that offers the opportunity for personal development through community action linked with international experiences. The project is designed to give girls the opportunity to think about their community, increase their global awareness, take part in community action work and provides a gentle introduction to international adventures. It brings girls together from all over Scotland to have fun while doing something for others.



Each year the project becomes a little more challenging as we've set our sights further afield for a truly international adventure and taken on more ambitious community action activities.

Past participants have sorted donated clothes at a refugee crisis centre, donated and sorted items at a food bank, planted trees, taken part in a canal clean up, striped out weeds and tidied up an overgrown rockery, cleared surface drains, picked up litter, spread mulching bark, painted benches and gates with wood preservative and undertaken various cleaning tasks inside & out. They have also taken part in workshops exploring the global issues of Immigration/Refugees, animal conservation, the universal Beauty Myth & self-esteem, the management & conservation the Earth's limited resources and supported the charity Post Pals. But it's not all been hard work as they have also had a go at African drumming, tubing, climbing, archery, various art & craft activities, made s'mores over camp fires and explored Edinburgh, Aviemore, Dundee, Stirling, Belfast and Dublin. And this year we're adding Oslo, Norway to the list.

### Who Can Take Part?

Guides can come along as a group (there is no limit to the number of girls that can come from a unit) or guides can come as individuals, as everyone is guaranteed to make lots of new friends. They don't need any previous camping experience but do need to come prepared to do a bit of work along with the fun activities. Leaders DO NOT need to accompany their guides, as there is already a leadership team in place but there are a limited number of adult places available if leaders would like to join in.

All participants must be at least 11 at time of Stage 1 and no older than 13 on completion of Stage 3.

All participants must take part in Stage 1 to be eligible for stage 2 and 3 but do not have to commit to all three stages up front as girls can choose how many stages they are comfortable taking part in.

## ICE 2018 DATES:

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### STAGE 1:

**Dates:** Friday 26<sup>th</sup> to Sunday 28<sup>th</sup> January 2018

Arriving on Friday night from 7.00pm to 7:30 pm for an evening meal served at 7:40pm.

Departing on Sunday at approximately \*2pm.

**Location:** Stirling Youth Hostel, St John Street, Stirling, FK8 1EA.

**Cost:** £75 per person.

Please note - Participants will have to arrange their own travel to and from Stirling. The youth hostel is situated in the city centre with limited parking facilities on site but is within walking distance of the train station and a number of car parks.

\*The programme is scheduled to finish at 1pm on Sunday when we will be holding a briefing meeting for parents and participants to discuss arrangements for Stages 2 & 3 and to answer any specific questions.

### STAGE 2:

**Dates:** Sunday 1<sup>st</sup> to Wednesday 4<sup>th</sup> April 2018

**Location:** Newbigging Activity Centre,

**Cost:** £125 per person

Detailed information about Stage 2 will be issued at the briefing meeting in Stirling at the end of Stage 1.

### STAGE 3:

Details for Stage 3 will be finalised once we have assessed the 2017 visit to Oslo this October and will be discussed at the briefing meeting at the end of Stage 1.

**Dates:** exact dates TBC but will coincide with the school holidays in October 2018

**Location:** TBC but is anticipated to be Norway.

**Cost:** Will be dependent on location but is anticipated to be no more than £450 per person.

\*\* Please note: all Stage 3 participants will require a current passport.

### How Do I Register to Take Part?

Fill in the attached application form for Stage 1 and return it to Joana at Girlguiding Scotland to secure your place now. Places will be offered on a first come first served basis until all places are filled. Health, Information & Consent forms will be sent out once your place is confirmed.

### Fundraising

ICE Project participants are encouraged to fundraise to cover the cost of attending Stages 2 and 3, to ensure all guides are able to take part regardless of their financial position. Fundraising and budgeting are also key skills for planning and taking part in international or community projects. Fundraising will be discussed during Stage 1 when we will provide some fundraising suggestions and guidelines to get started.

### Where Might ICE Lead Me ?

ICE provides an ideal stepping stone to further International opportunities within Girlguiding. Many previous participants have gone on to take part in the annual INTOPS (INTERNATIONAL OPPORTUNITIES) event at Netherurd (an invitation only event for Scottish guides and senior section members) with a number going on to represent Girlguiding Scotland at International events overseas.

If you have any questions please contact [Joana@girlguiding-scot.org.uk](mailto:Joana@girlguiding-scot.org.uk)

I hope to see you in Stirling in January at the start of another ICE adventure

Sandie MacDonald

ICE Coordinator

Girlguiding Scotland International Team